

The Leadership Learning Classroom

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Preparing for Community Changes Program Lesson Plan Template and Layout

Instructor	Option 1- Educator from your school Option 2- LLC Educator (Option 3- LLC Educator Virtually)
Class/Grade	Upper Elementary School- 3 rd -6 th grades
Time	60 minutes (recommended) OR minimum 40 minutes Can be broken into two, 30-minute parts, or run straight through
Materials	Whiteboard, Markers, Post-Its (4 Colors), Pencils, and Wrap-Up Slips
Method	Activity-Debrief, Socratic
Topic	Healthily Dealing with Change, Growth during Community Transitions
Skill(s) in Focus	<ul style="list-style-type: none"> • Self-Awareness (Evaluating our emotions) • Social & Community Awareness (Understanding how our community affected us) • Self-Management (Making plans with action-steps for our future) • Grief and Acceptance
Goal(s)	<ul style="list-style-type: none"> • Recognize and affirm, in a group setting, the challenging aspects of change, lack of control • Discuss and evaluate the ways in which change makes us feel nervous, scared, and apprehensive, but also excited, energetic, and hopeful • Share and assess the “why’s” of the important parts of our current community, and come up with personal plans for positive experiences in our next one • Create visual representations of the groups two sides of change, and their important community transition points
Objective(s)	By the end of the program’s students will: <ul style="list-style-type: none"> • Feel more confident and prepared dealing with change in general • Feel less apprehensive and more excited for upcoming school or community transitions • Be able to identify things that are important to them in their current community, why that is, and how they can take it/find it in their next community

Part 1 Healthy Perspectives on Change (20-30 minutes)

Starter Activity	Opening Conversation	Movement Activity	Main Activity	Wrap-Up
Arm Cross Experiment	Change Introduction	Move It or Lose It	Change Venn Diagram	Change Debrief Discussion

:00 Arm Cross Experiment

:10 Move It or Lose It

:25 Change Debrief Discussion

:05 Change Introduction

:15 Change Venn Diagram

Part 2 Growth during Community Transitions (20-30 minutes)

Starter Activity	Opening Conversation	Movement Activity	Main Activity	Wrap-Up
What would Winnie do?	Grief & Growth	Move It or Lose It 2	Community Transitional Towers	Wrap-Up Slips

:00 What would Winnie do?

:10 Move it or Lose it 2

:25 Wrap Up Slips (To Take Home)

:05 Grief & Growth

:15 Community Transitional Towers

For full lesson plan, more details, to discuss your schools’ options,
or any social-emotional development related inquiries feel free to contact us at:

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Preparing for Community Changes Program Options and Pricing



1- “Preparing for Community Changes” Program Lesson Plans

Deliverables: Standalone lesson.

1-hr in length. 2 parts.

Template, Layout, Lessons w/ Frontloading discussions, movement and introspective activities, and debrief discussion questions

Free to be used within your school in perpetuity.

Cost: \$100, one-time fee

2- In-person Leadership Learning Classroom educator led “Preparing for Community Changes” Program

Available May 1- May 12 (other options possible upon request)

Deliverables: Leadership Learning Classroom educator teaching our “Preparing for Community Changes” program in your school.

1- hr. program, can be done in 40 minutes minimum. Option to have it broken into two, 30-minute lessons.

Lesson Plan included, to be used within your school in perpetuity.

Fee schedule based on programs/day:

Programs/day	1	2	3	4
Cost/Program (\$)	150	130	110	90
Total Cost (\$)	150	260	330	360

3- Virtual Leadership Learning Classroom educator led “Preparing for Community Changes” Program

Available at date and time of school’s convenience

Deliverables: Leadership Learning Classroom educator teaching our “Preparing for Community Changes” program virtually. (Zoom or Google Meet based on school/classrooms preferred method)

40-minute program.

Two, 10-minute educator consults with the teacher in the room during the program (before and after).

Lesson Plan included, to be used within your school in perpetuity.

Fee schedule based on programs/day:

Programs/day	1	2	3	4
Cost/Program (\$)	125	110	95	80
Total Cost (\$)	125	220	285	320

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